

The MPH Health Office strives to provide the highest level of service for your child. Please know you are welcome to discuss any individual concerns with the Health Office at any time.

The Health Office has in stock acetaminophen, ibuprofen, Calamine lotion, aloe vera lotion, Benadryl, saline solution, antibiotic ointment, and throat lozenges. Parents may provide other medications to be administered as needed, provided the medication is in its original container with the student's name, and accompanied with the appropriate order from a physician. Please Note that students are not permitted have any medications in their possession, with the sole exception of rescue medications (i.e. inhalers, Epi pens), which require proper documentation from a licensed health care provider.

The following forms are due to the Health Office by the first day of school. Forms are available on the MPH website, within the "MY MPH "portal

## 1. MEDICATION PERMISSION FORM

This form must be signed by the parent/guardian **AND** your child's health care provider. NYS law prohibits the School Nurse from administering any medications (over-the-counter, prescription, and holistic/herbal) without this completed form on file.

## 2. HEALTH CERTIFICATE/APPRAISAL FORM

NYS requires physicals within the past twelve months of the following circumstances:

- Your child newly enrolls at MPH (must also submit a current immunization record).
- Your child enters the following grades: Pre-K, KG, 2, 4, 7, or 10.
- Your child participates in a scholastic sport (must also submit a Sports Participation Form).

**Immunization Reminders:** A second MMR is due for students entering Kindergarten. Students entering Grade 6 are required to have a Tdap vaccine. Students entering the 12<sup>th</sup> grade are required to have a second Meningococcal vaccine.

## 3. EMERGENCY CARE PLAN (if needed)

If your child requires an Emergency Care Plan, additional forms are required. To access the appropriate form, please visit <u>mphschool.org</u>, click on the "MY MPH" portal, then Health Office.

## 4. SPORTS PARTICIPATION FORM (for students participating in scholastic sports)

A Sports Participation Form and annual physical are required. Students will not be permitted to practice unless both forms are on file in the Health Office. To access the appropriate form, please visit <a href="mailto:mphschool.org">mphschool.org</a>, click on the "MY MPH" portal, then Health Office.