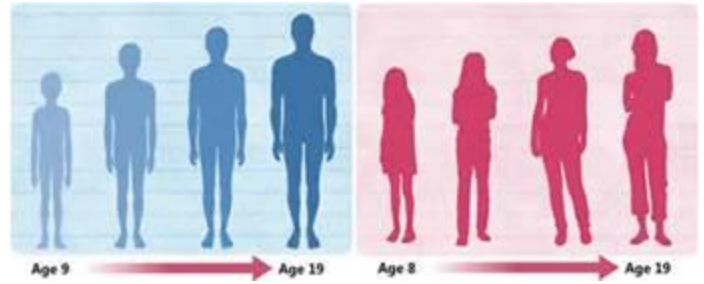


Manlius Pebble Hill School Presents

Wonder Years

Great Conversations *Ages 9 & 10*



Girls

Tuesdays, 4:00-5:00 p.m.

January 10, 17, 24

Course Fee: \$120 *Includes Book*

Boys

Thursdays, 4:00-5:00 p.m.

January 12, 19, 26

Course Instructor: MPH Health Teacher Ms. Lisa Patchen

The Wonder Years is designed for 9 and 10 year olds to address the changes that young people are going through during their pubescent years. The class covers the essential questions: *What is happening to me? Why does this happen? Is this normal? Why do I feel emotional? How do I take care of myself? Who can I talk to when I have questions?*

Topics Covered

- Communicating with parents and other trusted adults about puberty.
- Reviewing the natural changes that occur.
- Understanding the anatomy and functions of the male and female reproductive systems.
- Exploring strategies to manage emotional and social issues associated with puberty.
- Safeguarding the health of the reproduction system (hygiene, nutrition and physical exercise).
- Respectful treatment of peers.
- Identifying resources and people for answers and help during these changes.
- Girls understanding what they should have in their “emergency pack.”

To register, go to our online registration site through www.mph.net/communityprograms or return the form below with payment to MPH Community Programs. Space is limited – register now!

Wonder Years, Great Conversations for ages 9 & 10 Winter 2017

Student _____ Grade _____ *Circle one* Male or Female

Parent/Guardian _____ Email _____

Full Address _____

Email _____ Daytime Phone # _____

Paying in Full [] \$120

2 Pay Plan [] \$60 now and \$60 auto charged on January 6

Payment Amount \$ _____ [] Check Enclosed (payable to MPH)

Visa or Mastercard # _____ Exp. Date _____

Name: _____

