Dress Code

Members of the MPH community have a responsibility to represent our school in the best possible light, and to be mindful of the varied sensibilities of a diverse population. We do so through our words and actions, as well as through what we wear.

Students in all three divisions are expected to dress in a manner that is neat, clean and appropriate for a college preparatory academic environment. The dress code is enforced in the Middle and Upper schools when school is in session, between 8:10 a.m. and 3:05 p.m. *

Examples of acceptable wear:

- Buttoned collared shirts, polos, henleys, and blouses
- Dress pants, khakis, solid color dress jeans, dresses, skirts, and shorts
- Dress or casual shoes, boots, sandals, and clean sneakers

Examples of items not allowed at school:

- Ripped, torn, or soiled clothing
- Clothing with writing or inappropriate graphics
- Athletic wear (T-shirts worn as outerwear, any type of sweatshirt, sweatpants or athletic pants, leggings, or yoga pants)
- Clothing that is too casual (blue or washed out jeans, tank & crop tops, flip flops, pajamas & slippers, spaghetti straps, hats worn indoors, or exposed underwear)

The Dean of Students has the final word on whether a particular item of clothing is in dress code or not, but it is best if a discussion of a student’s dress does not reach that level. Instead, follow these simple guidelines:

1. Dress in a manner that is neat, clean and appropriate for school.
2. If you are in doubt as to whether a particular garment is acceptable for school, ask before you wear it, or don’t wear it.

* Students in PreK and K are only held to the spirit of the dress code: neat, clean and appropriate, and should dress in a manner appropriate for play and exploration as early learners. Students in grades 1-5 should adhere to the dress code, but may wear leggings.
**Dress Down Days**

The third Wednesday of each month is a designated Dress Down Day. On these days, students are allowed to wear “out of dress code” attire as long as it is still neat, clean and appropriate.

For Dress Down Days Students may wear:

- Blue or washed out jeans
- Athletic clothing
- Hats (except in classrooms)

Students may still NOT wear:

- Clothing with inappropriate graphics
- Ripped, torn, or soiled clothing

**Spirit Fridays**

On Fridays, students may come dressed down if they wear MPH gear.

**Spirit Days for Sports**

Athletes often dress to show their team spirit on game or event days. Each team is allowed two spirit days per season with at least two-day prior approval from the Dean of Student and the Upper and Middle School Division Heads. *While the dress code must otherwise be adhered to, team members may wear their jerseys or similar attire or may dress up; jeans or unrelated athletic wear are not allowed.*