

July 2019

Dear MPH Families,

We hope that everyone is having a terrific summer! We're writing to inform you that registration will be open for fall athletic participation at MPH starting July 15. One of the biggest challenges over the years, for families and the School, is the paper chase that happens when students sign up to play sports. It is paramount that we have up-to-date contact information and current physicals for all the athletes prior to the start of their athletic season. This part can be tricky based on when physicals are completed. While the Athletic Department and School Nurse want to ensure that the sign-up process is easy, our student athletes' health and wellness are our top priority. Registration through Ultra-Camp is required for *each* sport *each* season. Once this is done, it will allow our Health Office to verify if you have a valid physical for that *specific* season.

Some of you may already be familiar with Ultra-Camp through our Summer and Vacation Programs. We are continuing to use this platform for sports sign-ups. This will be your *official* registration for your sport. You will need to create a user name and password if this is the *first time* you are using Ultra-Camp. If you have specific questions about your child's physical or if you have a health concern related to your student athlete, please do not hesitate to reach out to the School Nurse, Christine Civello. In addition, our School's concussion policy can be found <u>here</u>. If there are issues with your child's physical, Christine will be in contact with you directly. Additionally, any questions relating to our athletic teams, sign-up issues, start dates/times, and equipment requirements can be directed to Jim Ryan, Athletic Director. Thank you MPH families, have a wonderful summer and see you in the fall!

Go Trojans!

<u>Christine Civello</u>, RN School Nurse Jim Ryan, Athletic Director





Instructions & Important information for MPH Sports Sign-ups

- Ultra-Camp is our registration platform for all sports. Click <u>here</u> to access Ultra-Camp, or use the link provided on the My MPH webpage.
- Use your current password and ID or create a new one if you have never used Ultra-Camp.
- Click on the team you want to sign up for (ex. Boys Varsity Soccer)
- **All Varsity sports start on 8/22/19, except for girls tennis which will start on 8/19.
- > All Modified sports start on 9/4/19.
- > Physicals must be valid by your 1st day of practice or you *cannot* participate.
- Mrs. Civello will notify you via email or phone if you need a new physical.

Game & Practice Schedules

- Please become familiar with <u>Schedule Galaxy</u> if this is the first year you have a child participating in school sponsored athletics.
- Make sure you subscribe to your child's team, so you can get updates on contest changes or cancelations.
- Schedule Galaxy also provides google map locations for the schools or facilities where MPH competes.
- > 2019 Fall schedules will be posted on Schedule Galaxy by the end of July.
- Here is the link to our Schedule Galaxy <u>home page</u>.
- Practice times for all fall sports programs will be immediately after school, unless otherwise notified by the coach. Practice times will typically be 3:30-5:00/30 p.m.
- Varsity preseason practice times will be posted on the My MPH webpage under Athletics.

****This means all participating athletes in grades 10-12.** In some occasions student athletes from grade 9 or lower will be asked to play at the varsity level.