

**MAKE THE CHOICE THAT'S RIGHT FOR YOU.**



EAT WELL



LOCALLY SOURCED



VEGETARIAN



VEGAN

LUNCH	KETTLE SOUP	GLOBAL & COMFORT	ON THE SIDE	DELI BAR	NOODLE BAR
<b>MONDAY 9-26</b>	No School	No School	No School	No School	
<b>TUESDAY 9-27</b>	Chicken Gumbo	Sweet and Smokey Mustard BBQ Pulled Pork  Penne with Zucchini, Tomatoes, Baby Spinach and Everything Spice Parmesan Cream Sauce 	Carrot Jicama Slaw with Honey Lime Dressing  Barbecue Baked Beans 	Roast Beef and Provolone  Hummus & Vegetable Wrap 	Choice of: Chicken Or Tofu  Lo Mein Noodles 
<b>WELLNESS WEDNESDAY 9-28</b>	Vegetable Posole 	Lemon Grilled Chicken  Veggie Paella Bowl 	Roasted Potatoes  Crispy Green Beans 	Ham & Cheddar  Chicken Salad 	Veggie Broth  Cabbage, Mushrooms and Bell Peppers 
<b>THURSDAY 9-29</b>	Baked Potato Soup	Chicken Tenders Vegetarian Chicken Tenders 	French Fries  Curry Roasted Vegetables 	BBQ Roast Beef & Cheddar  Hummus Wrap 	Teriyaki Sauce  Sambal Chili Sauce 
<b>FRIDAY 9-30</b>	Buffalo Chicken	Creamy Baked Mac n Cheese 	Glazed Carrots  Corn Bread  Apple Crisp 	<b>Sliders:</b> Ham & Swiss  Egg Salad 	