





























**MAKE THE CHOICE THAT'S RIGHT FOR YOU.**

 EAT WELL

 LOCALLY SOURCED

 VEGETARIAN

 VEGAN

LUNCH	KETTLE SOUP	GLOBAL & COMFORT	ON THE SIDE	DELI BAR	NOODLE BAR
<b>MONDAY</b>	Turkey Chili	Chicken Parmesan Penne with Marinara 	Garlic Breadsticks  Green Beans 	Roasted Turkey Seafood Salad 	Choice of:  Chicken or Tofu   Soba Noodles   Miso Veggie Broth   Bok Choy, Scallions, Pickled Ginger and Mushrooms   Sweet Chili Sauce   Sriracha 
<b>TUESDAY</b>	Carrot Ginger 	Everything Spice Chicken Everything Spice Tofu 	Rice and Peas  Lemony Broccoli 	3' Italian Hero Tomato, Mozzarella Sub	
<b>WELLNESS WEDNESDAY</b>	Garden Vegetable Soup 	Turkey Burger  Black Bean Burger 	Oven Roasted Sweet Potato  Roasted Zucchini 	BBQ Roast Beef & Cheddar  Pesto Egg Salad Sliders 	
<b>THURSDAY</b>	Chicken Tortilla	BBQ Pulled Pork BBQ Chipotle Tofu	Creamy Baked Mac & Cheese  Collard Greens	Buffalo Chicken Hoagie  Balsamic Roasted Portobello 	
<b>FRIDAY</b>	Beef & Noodle	Smokey Grilled Chicken Crispy Chickpea Falafel 	Quinoa with Spinach and Golden Raisins  Warm Carrot Salad	Italian Tuna Slider  Curry Veggie Salad Mini Wraps 	

**ALWAYS AVAILABLE FOR LUNCH**

Full Salad Bar featuring Local Produce, Proteins, and Composed Salads, Seasonal Whole Fresh Fruits, Sun butter & Jelly at the Deli, Lettuce, Tomato, Pickles  
2% Milk, Chocolate Milk, Soy Milk, Spa Water