

SUMMER PROGRAMS 2023

Why choose MPH this summer? Just ask our parents from 2022:

"[Staff is] outstanding. Friendly, helpful, kind, knowledgeable."

"I have tried multiple summer camps with my daughter. This is the first one that she has asked to do more than one week and wants to go back next year. Thank you!"

"MPH camp was my kids' favorite camp of all time."

"Every day spent at MPH was a happy day."

Programs for Entering PreK-12

High Standards Unique Choices

MPH Teachers in Academics
Adult Camp Counselors
with Backgrounds
in Education

"My children had positive experiences with friends and staff, in a safe and caring environment. They made memories and developed interests which I hope will last a lifetime."

"My kids were excited to go to camp every day."

"My daughter always arrives and leaves smiling."

"My son came home sweaty and tired and talking all about his days! Best summer camp experience so far."

"Wonderful."

"We can't wait to be back next year. My kids had a blast. It was well organized and super fun."

"This is the best camp in the area."

DRIVER EDUCATION

(IN-PERSON ONLY - MPH CAMPUS)

Driver Education begins June 26 and runs 8 weeks. Students must be 16 years old by June 26 and possess a valid driving permit. Students attend theory and drive classes twice a week, 1.5 hours each class/drive (six hours per week), for 8 weeks to complete the required 24 hours of in-class and in-car requirements regulated and approved through the NYS Department of Motor Vehicles. Theory classes and behind-the-wheel instruction taught by certified driver education instructors.

Upon completion of the course, students will receive an MV-285 Student Certificate of Completion from New York State. This certificate includes the NY pre-licensing



5-hour course requirements, an insurance reduction certificate, and allows 17-year-old drivers to upgrade to a senior license. Our goal is to teach our students to be the most responsible, safe drivers possible.

Please go to our online registration site to view the class and drive times offered. Space is limited.

Course Fee: \$625

SAT PREPARATION COURSE

(ONLINE ONLY)

SAT Preparation Course runs June 27 through July 25 on Tuesdays and Thursdays (no class July 4), 6:00-9:00 p.m. All classes are recorded and will be available up to 10 days if a class is missed. The SAT Preparation course offers 24 hours of scheduled verbal and math instruction, focusing on strategies and problem solving on how to best manage time while taking the exam. Read the full course introduction and the instructor's bios at mphschool.org.

Our course has a certain intensity that mirrors the actual test; it all points at good practice! - Ms. Metzgar, Math Instructor

Course Fee: \$375

Cancellation/Refund Policy for Driver Education and SAT Preparation Course:

Cancellation must be made by June 15 at noon for a refund less a \$50 non-refundable deposit. There will be no refunds for cancellations after June 15 at noon.

COLLEGE APPLICATION ESSAY

(ONLINE ONLY)

GRADES 11 and 12

Dates/Times: June 26-30 or July 31-August 4

9:00 a.m.-12:00 p.m.

Fee: \$325/week

The essay portion of the college application can be a source of anxiety, but it is really an opportunity to shine! MPH English teacher and *NY Times* published essayist, Amy Doyle, can help demystify the process in this workshop that offers practical tips and individualized coaching. On day one, the full group will meet to review the essay topics offered on the Common Application, as well as examine sample essays of successful applicants to discern what works. On days 2-4, students will



have individual conference time to brainstorm a story that college admissions officers have never read, creating an "image outline" for an essay that will bring to life their intelligence, humor, and tenderness. On day 5, students will tune up their drafts with direct instruction on how to start paragraphs, how to develop and connect ideas, how to create an appropriate and resonant tone, and how to brighten their writing with strong verbs and vivid details. Limit 8 students each week.

COUNSELOR-IN-TRAINING FOR SUMMER DAY CAMP

NEW THIS SUMMER!

GRADES 9 and 10

Dates/Times: Weeks 1-6, 9:00 a.m.-4:00 p.m.

Fee: \$175/week (Week 2 prorated to \$105)

Students who age-out of summer camp can now register for our counselor-in-training program. CITs will work under the direction of our Summer Camp Director to assist in activity block classes with lead counselors and other duties as assigned. Space is limited to 8 weekly.

Please note that MPH only hires summer counselor "floater" candidates who have graduated from high school unless they have worked for our school-year extended day program. Offering the summer CIT program will allow students an opportunity to train as a floater and possible employment at the age of 16 (dependent on performance and job openings).

SUMMER PROGRAM OFFERINGS 2023

JUNE 26-AUGUST 4

Summer Day Camp

Kinder Place, Grades PreK and K Page 7

Fun Place, Grades 1 and 2 Page 7

Helpful camp scheduling charts Page 16-20

Summer Place, Grades 3-8

JUNE 26-AUGUST 4

Summer Athletics

Page 21

Page 8

Running for Beginners

Basketball Camp

Soccer Camp

Tennis Camp

Volleyball Camp

JULY 10-AUGUST 4

Summer Academics & Enrichment

Page 22-23

Dive Into Math, Grades 3-6

Dive Into Reading, Grades K-6

Explorations in Math, Grades 6-8

Private Tutoring in Reading and Writing

Puzzling Paradoxes, Grades 6-8

Study Skills I, Grades 6-8

Study Skills II, Grades 9-12

Woodshop - Crafting with Wood, Grades 3-6

Woodshop - DIY Woodworking, Grades 7-12



Extended hours available for all programs 8:00 a.m.-5:30 p.m.

Cancellations must be made by Thursday, June 15 at noon for a refund, less a \$50 non-refundable deposit per week.

Register through our online site mphschool.org or call the Community Program Office at 315-446-2452.

Parents, please note: A drop off earlier than 8:50 a.m. requires your child be enrolled in Extended Day. Supervision is required at all times.

Payment plans and financial aid are available.

Questions? Call the Summer Programs office at 315-446-2452.

Grades PreK-8

Camp Hours: 9:00 a.m.-4:00 p.m.

Extended Hours Available: 8:00 a.m.-9:00 a.m. and 4:00 p.m.-5:30 p.m.

KINDER PLACE, FUN PLACE, SUMMER PLACE DATES:

Week 1 June 26-July 30

Week 2 July 5-7 (No camp July 3 and 4)

Week 3 July 10-14 Week 4 July 17-21 Week 5 July 24-28

Week 6 July 31-August 4

SUMMER PLUS CAMP:

(Grades PreK-2-only)

Week 7 August 7-11

CAMP FEE:

Full Day \$335/week plus one-time fee of \$20 per child. (Week 2 is pro-rated to \$201.)

Please contact the summer program office for half day option.

EXTENDED DAY FEE:

\$8/hour

SUMMER CAMP STORE:

Our Summer Camp Store is open daily for snacks and drinks. *Parents may choose to add money to their camper's account for camp store spending.*

PARENTS, PLEASE NOTE:

A drop-off earlier than 8:50 a.m. or after 4:10 p.m. requires your child to be enrolled in Extended Day. Supervision is required at all times.

CANCELLATION/REFUND POLICY FOR SUMMER CAMP:

Cancellation must be made by June 15 at noon for a refund, less a \$50 non-refundable deposit per week. There will be no refunds for cancellations after June 15 at noon.

QUESTIONS?

Call the Summer Programs office at 315-446-2452.



Adult Camp Counselors with Backgrounds in Education!

ENTERING GRADES PreK-K

Kinder Place

Our full-day **Kinder Place** offers active play, outdoor play including water activities, and gym time. Other activities include arts and crafts, nature time, dance, and more! Our nurturing and caring counselors make the most of everyday. Campers will be grouped by grade.

Week 1: Animals Around the World

Week 2: Olympics Week

Week 3: Mystery Week

Week 4: Dinosaur Discovery

Week 5: Carnival Week

Week 6: Butterflies and Birds

ENTERING GRADES 1-2

Fun Place

Our full-day Fun Place offers a set daily schedule which will include two special activity blocks (ArtVentures, Get Wet Games, Dance Mix, and more) that will change weekly and be offered by different counselors. Also included is active play, outdoor play including water activities, and gym time. Campers will be grouped by grade.

Theme Weeks for Fun Place and Summer Place

Week 1: Around the World in 5 Days

Week 2: Olympics Week

Week 3: Mystery Week

Week 4: Game Show Mania

Week 5: Carnival Week

Week 6: Don Ridall Bowl





Parents, please note:

ENTERING GRADES 3-4

Summer Place

Campers in grades 3 and 4 will be grouped by age and have a daily schedule that includes activity block choices for the morning and afternoon. When you register online, choose from 4 different activities listed for Block A and B per week. *See helpful camp scheduling charts on pages 19-20.*

Schedule

9:00-10:45 a.m. Camp Classroom Activities

10:45 a.m.-12:00 p.m. Block A 12:00-12:30 p.m. Lunch

12:30-2:15 p.m. Classroom/Playground/

Gym

2:15-3:30 p.m. Block B

3:30-4:00 p.m. Camp Classroom

Activities

Activity Block Choices for Grades 3-4

ArtVentures Magical Mystery Detectives

Build This Martial Arts
Carnival Crew Pinatas
Crafts Around the World Ping Pong
Dance Mix Pokemon
Food Art Treasure Hunt

Game Shows Sports Combo
Get Wet Games Summer Science

Harry Potter's World Writer's Circle

Kickball

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ENTERING GRADES 5-8

Summer Place

Campers in grades 5-8 create their own schedule each week, choosing from a variety of activities. There's so much to choose from—your child will not be bored at MPH! *Helpful camp scheduling charts on pages 16-20.*

Schedule

9:00-9:30 a.m. Dining Hall/Camp Activities

9:30-10:45 a.m. Block 1 10:45 a.m.-12:00 p.m. Block 2

12:00-12:30 p.m. All Camp Activity

12:30-1 p.m. Lunch 1:00-2:15 p.m. Block 3 2:15-3:30 p.m. Block 4

3:30-4:00 p.m. Dining Hall/Camp Activities

Activity Block Choices for Grades 5-8

3D Art

Date/Time: Week 1, 5, or 6, Block 3

Use your imagination to create 3-dimensional objects with various materials.

ARTventures

Date/Time: Weeks 1-6, Block 1

This class offers exciting ways to take ordinary materials and make something extraordinary. Join the fun for each new and exciting week of learning with new materials, ideas, and techniques!

Baking Goodies

Date/Time: Weeks 1-6, Block 4

Lab Fee: \$25/week

Cookies, brownies, cakes, and pies!

Big Buddies

Date/Time: Week 2, Block 3

Week 5, Block 2

Campers will spend time doing fun activities with our younger campers (free play, teach and play games, and learn strategies for working with younger campers).

Bistro Kids

Date/Time: Weeks 1-6, Blocks 1 and 2

(Double-block class)

Lab fee: \$65.00/week

Learn how to cook like a chef! Prepare and cook your own lunch (and lunch for the counselors) including dessert.

Board Games

Date/Time: Weeks 1-6, Block 4

Play some of your old-time favorites, as well as the newest, board games.

Build This

Date/Time: Week 2, Block 2

Week 4, Block 4

Get ready to Build This! Each day you'll be presented with a picture or idea of what you need to build, along with a variety of materials to take on the challenge.

Camper's Day Out

(Grades 5-8 only)

Date/Time: Weeks 1-6, Blocks 3 and 4

(Double-block class)

Lab fee: \$70.00/week

A fun off-campus outing with different destinations each week. Schedules are subject to change.

Weeks 1 and 4:

Manlius Library & Ice Cream, Zoo, Movies, Bowling, Webster Pond

Weeks 2 and 5:

Butternut Creek, Miniature Golf, Clark Reservation, Big Don's, Chittenango Falls

Weeks 3 and 6:

Green Lakes, Zoo, Sky Zone, Bowling, Butternut Creek

Carnival Crew

Date/Time: Week 5, Block 4

This class will create and design the games for the carnival during Carnival Week for all MPH campers to enjoy.



Carnival Entertainment Crew

Date/Time: Week 5, Block 4

Put on your best carnival performance! Be a clown, juggle balls, be the Strong Person, or show off other skills you have (or want to practice) to entertain at the carnival during Carnival Week.

Parents, please note:

GRADES 5-8

Summer Place

Central Rock Gym

Date/Time: Week 2 or 5, Blocks 1 and 2

(Double-block class)

Lab fee: \$45/week (Week 2 prorated)

or \$75/week (Week 5)

We're heading to Central Rock Gym Syracuse, the largest indoor rock-climbing gym in upstate NY with over 22,000 square feet of climbing space. With 45ft walls on a mezzanine, it feels as though you're climbing in the sky. On your first visit our trained climbing instructors will introduce you to the sport of rock climbing, providing active fitness experiences on and off the walls. Through games, creative challenges, and skill building activities, participants will learn basic climbing skills/technique, improve bodily-kinesthetic sense, and increase self-confidence.

Cheerleading and Pep Rally Prep

Date/Time: Week 6, Block 2

Get ready to come up with cheers and routines for the crowd during the Don Ridall Flag Football Bowl!

Crafts Around the World

Date/Time: Week 1, 2 or 4, Block 4

Discover different art from around the world, and then create your own project. You'll learn about different cultures through art while having fun!

Daily Paper: Summer Place Times

Date/Time: Weeks 1-6, Block 1

Campers create the Daily Paper with basic journalism skills including interviewing, editing and layout. The paper is distributed daily during lunch time.

Dance Mix

Date/Time: Weeks 2 or 4, Block 2

Learn jazz and/or hip-hop and show your skills to the camp! Shows are on Friday of each week.

DIY Miniature Carnival

Date/Time: Week 5, Block 1

Campers will work together to create a miniature carnival scene out of a variety of materials to display at the MPH Camp Carnival on Friday. (Think diorama!)

DIY Room Design

Date/Time: Week 2, 4 or 6, Block 4

Using simple materials, you'll create cool items for your room.

DIY T-shirt Transformations

Date/Time: Week 2, Block 3

Week 3, Block 4

Using plain white T's and old t-shirts, you'll create new items: cool shirts and a backpack to name a few. Campers must bring their own t-shirts to transform.

Exploring Engineering

Date/Time: Week 1, 3, or 6, Block 4

Campers will work in groups and use their creativity to accomplish daily challenges.

Fairy Doors

Date/Time: Week 1, Block 2

Week 2, Block 1 Week 4, Block 3

Using supplies from nature, create your own fairy door.

Flag Football

Date/Time: Week 2, 5, or 6, Block 2

Are you ready to rumble??? Let's play some Flag Football! (Don Ridall Bowl takes place on Week 6 only).

Food Art

Date/Time: Week 2 and 6, Block 3

Lab fee: \$25/week

Create art masterpieces with a variety of food.

Game Shows

Date/Time: Weeks 1-6, Block 1

Play some of your favorite game shows like Jeopardy, Wheel of Fortune, Family Feud, and more.

Game Show Design

Date/Time: Week 4, Block 3

Design the Game Show that other campers will compete in for Game Show Mania Week!

Games Around the World

Date/Time: Week 1, Block 2

Games provide a creative and fun way to view other cultures. Campers will learn popular games played in other countries.



Garden Gnomes

Date/Time: Week 4 or 6, Block 1

Week 5, Block 2

You'll create garden gnomes using air dry clay and other art supplies.

Get Wet Games

Date/Time: Weeks 1-6, Block 3

Get ready to have fun playing games outside that will also cool you off! Campers must bring a bathing suit and towel daily.

Gone Fishing

Date/Time: Week 1, 3, or 4, 6, Blocks 1 and 2

(Double-block class)

Lab Fee: \$30.00/week

Learn how to bait a hook, cast, and fish with a bobber. A fishing pole is required. Fishing is done off-campus.

Gratitude Workshop

Date/Time: Week 1 or 3, Block 2

Week 6, Block 3

You'll decide as a group what local charity to benefit and work on a fundraising goal.

Harry Potter's World

Date/Time: Week 1, Block 4

Week 4 or 6, Block 3

It's everything Harry Potter! You'll play Quidditch, make wands, potions and hats, play Harry Potter trivia, and more.

Intercamp Olympic Committee

Date/Time: Week 2, Block 4

The Intercamp Olympic Committee will help plan and

organize Olympic Week.

Parents, please note:

GRADES 5-8

Summer Place

Jewelry for P.E.A.C.E.

Date/Time: Week 1, 3, or 5, Block 2

Create cool jewelry to raise money for P.E.A.C.E. Inc. and its local community centers. You'll display and sell your pieces to other campers, staff, and parents as a fundraiser.

Karaoke

Date/Time: Week 2 or 5, Block 4

Have fun singing along to your favorite songs.

Kickball

Date/Time: Weeks 1 or 3, Block 2

Week 2, Block 1

Play a different style of kickball each day – Longball,

Matball, Six Base, Survivor, and more!

Lights, Camera, Action!

Date/Time: Week 1, 3, or 5, Block 1

Campers will create a theme-week script, rehearse, and shoot the short film to be shared with the camp at

the end of the week.

Magical Mystery Detectives

Date/Time: Weeks 3 or 5, Block 3

Jeff the Magic Man needs your help to solve some magical mysteries! Piece together the puzzles and examine the clues to solve the case. This class combines kid's escape room puzzles with exciting detective sleuthing to create an immersive thematic experience. Come along and crack cases with the Magical Mystery Detectives!

Martial Arts

Date/Time: Week 1 or 6, Block 3

Learn self-defense from moves in a fun, safe atmosphere with Miori Martial Arts.

Minute to Win It at Summer Place

Date/Time: Week 1, 4 or 6, Block 4

Campers will compete to accomplish various

challenges based off the TV show.

Mystery, Inc.

Date/Time: Week 3, Block 1

Gather around gang – it's time to solve a mystery! Mystery, Inc. will be the lead detectives gathering clues, presenting clues to the camp, and solving the mystery during Mystery Week.

Nail & Hair Design

Date/Time: Week 2, 4, or 6, Block 2

Learn how to design nails, create cool hair designs and more.

No Bake Dessert Art - Create and Decorate

Date/Time: Week 1, 3, or 5, Block 3

Lab Fee: \$25/week

Can you make a spider out of Oreos? A minion out of Twinkies? Campers will take dessert foods and create and decorate to make fun creations.

Off-Broadway, On-Summer Place

Date/Time: Weeks 3 or 4, Blocks 3 and 4

(Double-block class)

Campers will work together to create a theatrical performance that they will perform for fellow campers at the end of the week. Students will learn about stage presence, positioning, and performance, all while enjoying their time creating a show. No previous acting experience is needed!



Off-Broadway, Stagehand and Design

Weeks 3 or 4, Blocks 3 and 4 Date/Time:

(Double-block class)

In this class, you'll create the set and make the entire production come alive! Show is at the end of the week.

Outdoor Games

Date/Time: Weeks 1-6, Block 1

Get outside and play some lawn games: croquet, lawn

darts, Can Jam, horseshoes, and more!

Paper Flowers

Date/Time: Week 2 or 3, Block 2

Week 5, Block 4

Want to make something beautiful out of something ordinary? Let's make flowers! Learn the basic skills of sculpting paper into flowers that look fresh-picked from the garden.

Pet Supplies

Date/Time: Week 2, Block 4

Week 5, Block 2

Campers will make pet toys and other fun pet

supplies!

Photography

Date/Time: Weeks 1, 3, or 5, Blocks 3 and 4

(Double-block class)

Learn basic photography to create photos for the camp photo wall.

Piñatas

Date/Time: Week 3 or 5, Block 3

Week 6, Block 2

Create a piñata with paper mâché, wire, and mod

podge.

Pinball at Skill Shot Arcade

Date/Time: Weeks 4, 5, or 6, Block 1

(Group meets at 9:00 a.m.)

Lab Fee: \$50/week

Camper's will go off campus to Skill Shot Arcade located in Syracuse to play pinball and compete in

tournaments.

Ping-Pong

Date/Time: Weeks 1-6, Block 3

Week 2, 4, or 6, Block 4

Enjoy this highly popular, recreational and competitive sport as you learn how to play table tennis correctly.

Pokémon

Date/Time: Week 2, 4, or 6, Block 2

Have fun trading cards, playing the game and some Pokémon Go. Water type, fire type -- this class is for

every type! No electronics allowed.

Parents, please note:

GRADES 5-8

Summer Place

Quilling Art

Date/Time: Week 1, Block 2

> Week 3, Block 4 Week 5, Block 4

Quilling is an art form that involves the use of strips of paper that are rolled, shaped, and glued together to create decorative designs.

Scrapbooking from Scratch



Date/Time: Week 1, 3, or 5, Block 1

Campers will create their own handmade scrapbook to tell stories and preserve memories and get creative with materials on-hand.

Speed Stacking

Date/Time: Week 1, 3, and 6, Block 1

Have fun stacking cups into pyramids in as little time as possible!

Sports Combination

Date/Time: Week 1-6, Block 3

Play basketball, soccer, team handball, and more.

STOMP at Summer Place

Date/Time: Week 1, 4 or 5, Block 2

Use everyday items to create different beats. You'll perform for the camp at the end of the week.

String Art

Date/Time: Week 2, Block 3

Week 4 or 6, Block 2

Check out this hands-on activity! Learn how to create a beautiful, personalized piece of art by hammering nails into a wooden pallet and threading string through and around each nail to make a colorful outline.



Summer Science

Date/Time: Weeks 1-6, Block 2

From nature activities to fun experiments, get ready to see how cool science can be.

Survivor at Summer Place

Date/Time: Week 1, Block 3

Week 3 or 5, Block 2

Get ready castaways! Forming tribes, you'll work together with your teammates to complete the daily challenges.

The Amazing Summer Place Race

Date/Time: Week 2, 4, or 6, Block 3

You'll learn teamwork as we create teams to compete in the race using challenges, roadblocks, and detours around campus. Get ready for the big race!

The Masked Performer

Date/Time: Week 1, Block 4

Week 5, Block 3

Create your own costume and create and practice your performance to showcase and reveal!

Things That Fly

Date/Time: Week 4 or 6, Block 1

Campers will make paper airplanes, kites, and other

things that fly.

Treasure Hunt

Date/Time: Week 1 or 2, Block 1

Week 4 or 6, Block 2

The ultimate treasure hunt! Each day's adventure will lead to a final Grand Hunt at the end of the week. *Treasure Hunt repeats the hunts – registering one time* only is recommended.

Trivia for Kinder Place

Date/Time: Week 4, Block 1

Create a fun trivia game show for our Kinder Place (PreK and K) campers to be held in the theater at the end of the week.

T-shirt Printing

Date/Time: Week 5 or 6, Block 4

Have you ever wanted to print your own design on a t-shirt? Now you can. Using screen printing ink, you will learn how to transfer your design (or an existing design) on a shirt. Campers must bring in their own plain shirts (summer tanks, plain white t's, etc.)

Upcycled Fashion Runway

Date/Time: Week 3 or 4, Block 2

Lab Fee: \$5.00

We'll go shopping at the local thrift store and choose items to "upcycle," turning them into cool pieces of clothing that you'll want to wear. You'll show them off on the "runway" at the end of the week.

Ultimate Hide and Seek

Date/Time: Week 6, Block 4

Come play different variations of classic hide and seek games such as manhunt, sardines, and more!

Writer's Circle

Date/Time: Week 1, 3, or 6, Block 4

Join this fun workshop and get creative writing very short stories and/or poetry. Writers can work independently or as a team. You'll create a mini-book and have a signing party at the end of the week.

Yarn Art

Date/Time: Week 1, Block 3

Week 3, Block 2

Create cool projects using different types of yarn.

Parents, please note:

HELPFUL CAMP SCHEDULING CHARTS

Use these charts to make scheduling a little bit easier! Courses in italics run 2 blocks.

Activity Block Choices Grades 5-8

WEEK 1 • June 26-30

Block 1 9:30=-10:45 a.m.	Block 2 10:45 a.m12:00 p.m.	Block 3 1:00-2:15 p.m.	Block 4 2:15-3:30 p.m.
ArtVentures	Bistro Kids	3D Art	Baking Goodies
Bistro Kids	Fairy Doors	Campers Day Out	Board Games
Daily Paper	Games Around World	Get Wet Games	Campers Day Out
Game Shows	Gone Fishing	Martial Arts	Crafts Around the World
Gone Fishing	Gratitude Workshop	No Bake Dessert Art	Exploring Engineering
Lights, Camera, Action!	Jewelry for PEACE	Photography	Harry Potter's World
Outdoor Games	Kickball	Ping Pong	Minute to Win It
Scrapbooking from Scratch	Quilling Art	Sports Combo	Photography
Speed Stacking	STOMP	Survivor	The Masked Performer
Treasure Hunt	Summer Science	Yarn Art	Writer's Circle

WEEK 2 ■ July 5-7 (No camp July 3 or 4. Fee will be pro-rated for 3 days)

Block 1 9:3-10:45 a.m.	Block 2 10:45 a.m12:00 p.m.	Block 3 1:00-2:15 p.m.	Block 4 2:15-3:30 p.m.
ArtVentures	Build This	Campers Day Out	Baking Goodies
Bistro Kids	Bistro Kids	Big Buddies	Board Games
Central Rock Gym	Central Rock Gym	DIY T-shirt Transformation	Campers Day Out
Daily Paper	Dance Mix	Food Art	Crafts Around the World
Fairy Doors	Flag Football	Get Wet Games	DIY Room Design
Game Shows	Nail & Hair	Ping Pong	Intercamp Olympic Committee
Kickball	Paper Flowers	Sports Combo	Karaoke
Outdoor Games	Pokémon	String Art	Pet Supplies
Treasure Hunt	Summer Science	The Amazing Summer Place Race	Ping Pong

WEEK 3 • July 10-14

Block 1 9:30-10:45 a.m.	Block 2 10:45 a.m12:00 p.m.	Block 3 1:00-2:15 p.m.	Block 4 2:15-3:30 p.m.
ArtVentures	Bistro Kids	Campers Day Out	Baking Goodies
Bistro Kids	Gone Fishing	Get Wet Games	Board Games
Daily Paper	Gratitude Workshop	Magical Mystery Detectives	Campers Day Out
Game Shows	Jewelry for PEACE	No Bake Dessert Art	DIY T-shirt Transformation
Gone Fishing	Kickball	Off Broadway on Summerplace	Exploring Engineering
Lights, Camera, Action!	Paper Flowers	Off Broadway on SH & Design	Off Broadway on Summerplace
Mystery, Inc.	Summer Science	Photography	Off Broadway SH & Design
Outdoor Games	Survivor	Piñatas	Photography
Scrapbooking from Scratch	Upcycled Fashion Runway	Ping Pong	Quilling Art
Speedstacking	Yarn Art	Sports Combo	Writer's Circle

WEEK 4 ■ July 17-21

Block 1 9:30-10:45 a.m.	Block 2 10:45 a.m2:00 p.m.	Block 3 1:00-2:15 p.m.	Block 4 2:15-3:30 p.m.
ArtVentures	Bistro Kids	Campers Day Out	Baking Goodies
Bistro Kids	Dance Mix	Fairy Doors	Board Games
Daily Paper	Gone Fishing	Game Show Design	Build This
Game Shows	Nail & Hair	Get Wet Games	Campers Day Out
Garden Gnomes	Pokemon	Harry Potter	Crafts Around World
Gone Fishing	STOMP	Off Broadway on SH & Design	DIY Room Design
Outdoor Games	String Art	Off Broadway on Summer Place	Minute to Win It
Pinball Skill Shot Arcade	Summer Science	Ping Pong	Off Broadway on SH & Design
Things That Fly	Treasure Hunt	Sports Combo	Off Broadway on Summer Place
Trivia for Kinder Place	Upcycled Fashion Runway	The Amazing Summer Place Race	Ping Pong

Parents, please note:

WEEK 5 July 24-28

Block 1 9:30 -10:45 a.m.	Block 2 10:45 a.m12:00 p.m.	Block 3 1:00-2:15 p.m.	Block 4 2:15-3:30 p.m.
ArtVentures	Big Buddies	3D Art	Baking Goodies
Bistro Kids	Bistro Kids	Campers Day Out	Board Games
Central Rock Gym	Central Rock Gym	Get Wet Games	Campers Day Out
Daily Paper	Flag Football	Magical Mystery Detectives	Carnival Crew
DIY Miniature Carnival	Garden Gnomes	No Bake Dessert Art	Carnival Entertainment Crew
Game Shows	Jewelry for PEACE	Photography	Karaoke
Lights, Camera, Action!	Pet Supplies	Piñatas	Paper Flowers
Outdoor Games	STOMP	Ping Pong	Photography
Pinball Skill Shot Arcade	Summer Science	Sports Combo	Quilling Art
Scrapbooking from Scratch	Survivor	The Masked Performer	T-shirt Printing

WEEK 6 July 31-August 4

Block 1 9:30-10:45 a.m.	Block 2 10:45 a.m12:00 p.m.	Block 3 1:00-2:15 p.m.	Block 4 2:15-3:30 p.m.
ArtVentures	Bistro Kids	3D Art	Baking Goodies
Bistro Kids	Cheerleading & Pep Rally Prep	Campers Day Out	Board Games
Daily Paper	Flag Football	Food Art	Campers Day Out
Game Shows	Gone Fishing	Get Wet Games	DIY Room Design
Garden Gnomes	Nail & Hair	Gratitude Workshop	Exploring Engineering
Gone Fishing	Piñatas	Harry Potter	Minute to Win It
Outdoor Games	Pokémon	Martial Arts	Ping Pong
Pinball Skill Shot Arcade	String Art	Ping Pong	T-shirt Printing
Speedstacking	Summer Science	Sports Combo	Ultimate Hide & Seek
Things That Fly	Treasure Hunt	The Amazing Summer Place Race	Writer's Circle

Parents, please note:

Activity Block Choices Grades 3-4

WEEK 1 • June 26-30

Block 1 9:30-10:45 a.m.	Block 2 10:45 a.m12:00 p.m.	Block 3 1:00-2:15 p.m.	Block 4 2:15-3:30 p.m.
	ArtVentures		Crafts Around the World
	Get Wet Game		Martial Arts
	Kickball		Ping Pong
	Writer's Circle		Sports Combo

WEEK 2 July 5-7 (No camp July 3 or 4)

Block 1 9:30-10:45 a,m,	Block 2 10:45 a.m12:00 p.m.	Block 3 1:00-2:15 p.m.	Block 4 2:15-3:30 p.m.
	ArtVentures		Build This!
	Get Wet Game		Food Art
	Kickball		Pokémon
	Treasure Hunt		Sports Combo

WEEK 3 July 10-14

Block 1 9:30-10:45 a.m.	Block 2 10:45 a.m12:00 p.m.	Block 3 1:00-2:15 p.m.	Block 4 2:15-3:30 p.m.
	ArtVentures		Magical Mystery Detectives
	Dance Mix		Ping Pong
	Get Wet Games		Sports Combo
	Writer's Circle		Summer Science

WEEK 4 ■ July 17-21

Block 1 9:30-10:45 a.m.	Block 2 10:45 a.m12:00 p.m.	Block 3 1:00-2:15 p.m.	Block 4 2:15-3:30 p.m.
	ArtVentures		Harry Potter's World
	Build This!		Piñatas
	Game Shows		Sports Combo
	Get Wet Games		Treasure Hunt

WEEK 5 July 24-28

Block 1 9:30-10:45 a.m.	Block 2 10:45 a.m12:00 p.m.	Block 3 1:00-2:15 p.m.	Block 4 2:15-3:30 pm
	ArtVentures		Carnival Crew
	Build This!		Magical Mystery Detectives
	Food Art		Pokemon
	Get Wet Games		Sports Combo

WEEK 6 July 31-August 4

Block 1 9:30-10:45 a.m.	Block 2 10:45 a.m12:00 p.m.	Block 3 1:00-2:15 p.m.	Block 4 2:15-3:30 p.m.
	ArtVentures		Harry Potter's World
	Food Art		Martial Arts
	Game Shows		Sports Combo
	Get Wet Game		Summer Science

CREATE YOUR OWN SCHEDULE!

	9:30-10:45 a.m.	10:45 a.m12:00 p.m.	1:00-2:15 p.m.	2:15-3:30 p.m.
Week 1				
Week 2				
Week 3				
Week 4				
Week 5				
Week 6				

SUMMER ATHLETIC CAMPS

Running for Beginners

Fee: \$75/week

Grades 3-8 Week 3 – July 10-14, 8:30-9:30 a.m.

Week 6 – July 24-27, 8:30-9:30 a.m.

Learn the basics of running in this upbeat and informative offering. From warm-ups to running form, to building endurance and growing confidence, students will gain skills to embark on their own unique running journeys. No prior running experience required. Taught by Katie Rey, MPH Director of Development. Ms. Rey is an RRCA certified run coach who serves as the Head Running Coach for the Y of Central New York. She is 6-time Boston Marathon qualifier and has podium finished or age group placed in every race distance from the 5k to the marathon.



The following camps run Monday-Thursday (except Week 2 - Wednesday-Friday) for entering grades 1-8. Combine with Summer Day Camp for a day camp discount of \$50/week.

Basketball Camp

Fee: \$125/week

Grades 3-4 Week 4 – July 17-20, 9:00-10:30 a.m.

Grades 5-6 Week 4 – July 17-20, 10:30 a.m.-12:00 p.m.

Grades 7-9 Week 5 – July 24-27, 9:00-10:30 a.m.

Professional Skills Trainer Peter Dourdas and MPH Varsity Head Coach Evan Dourdas will be running the co-ed MPH Basketball Camp focusing on fundamentals. Footwork, shooting mechanics, weak hand development, finishing at the rim, stationary ball handling, transition team drills, shooting drills on the shooting machine, defensive principals, passing drills, stations, controlled scrimmaging, and much more! Don't miss out!

Soccer Camp

Fee: \$125/week

Grades 5-6 Week 4 – July 17-20, 9:00-10:30 a.m.

Grades 3-4 Week 4 – July 17-20, 10:30 a.m.-12:00 p.m.

Grades 1-2 Week 5 – July 24-27, 9:00-10:30 a.m.

Grades 7-9 Week 5 – July 24-27, 10:30-12:00 p.m.



At Soccer Camp, kids play to learn. Taught by Tim Goldman, MPH Soccer Coach, and professional soccer player with Utica City FC, this camp will introduce the fundamental skills of the sport through developmentally appropriate games and challenges that will keep players engaged and

motivated to learn and improve.

Tennis Camp

Fee: \$250/week (Week 2 pro-rated to \$187.50)

Grades 4-8 Week 1 – June 26-30, 9:00 a.m.-12:00 p.m.

Week 2 – July 5-7, 9:00 a.m.-12:00 p.m. Advanced Players - All Ages & Grades 9-12

Week 6 – July 31-August 3, 9:00 a.m.-12:00 p.m.

Welcome to MPH tennis camp! Weeks 1 and 2 are open to all levels, and Week 6 is for advanced players and grades 9-12. Players will be grouped by skill level each week. The goal is to help campers improve their game and get the most enjoyment out of tennis as possible. Taught by MPH Tennis Coach Mark Dolan and Coach Tom Daviau, players will learn and work on grips, footwork and strokes that will make them a successful player. Through a series of drills and play, we will bring the best player out in each participant.

Volleyball Camp

Fee: \$125/week

Grades 6-8 Week 3- July 10-13, 9:00-11:00 a.m. Our volleyball camp for girls is run by experienced MPH Coach Craig Richards. We will use a series of drills to work on all facets of the game to include serving, passing, setting, and hitting. We will also run game like drills, working on movement and teamwork.

SUMMER ACADEMICS & ENRICHMENT

Combine with Summer Day Camp for a day camp discount of \$50/week.

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Dive Into Math

Entering Grades 3-6

Dates: Weeks 5 and 6 – July 24-August 4

Time: 9:15-10:45 a.m.

Fee: \$250

Join us this summer as we develop and build mastery of the essential facts every mathematician needs to know. Through powerful teaching strategies and fun, hands-on games we will dive into best practices to build skills that will make stronger problem solvers.

This two-week class will help your child enter the new school year confident in strategies that will help them be successful. Taught by MPH 5th Grade Teacher Jenn Concepcion

Dive Into Reading

Entering Grades K-6

Students may register for one or two weeks.

Dates: Week 3 – July 10-14

Week 4 – July 17-21

Time: 8:30-10:30 a.m.

Fee: \$200

Research shows students gains are greatest in summer when reading programs provide systematic explicit instruction that aim to strengthen word recognition and language comprehension. MPH's Summer Dive Into Reading is an intensive 10-hour program. The structured literary instruction will follow a scope and sequence and build your child's phonemic awareness, reading, spelling, and vocabulary in a fun setting. Prior to placement in the class, every child will be screened by MPH faculty member Colleen Congel. Taught by MPH Faculty Director of Academic Support Colleen Congel, 2nd Grade Teacher Kate Berry, and 3rd Grade Teacher Annette Bund

Explorations in Math

Entering grades 9-12

Dates: July 10-14

Time: 10:45 a.m. – 12:00 p.m.

Fee: \$140

Does every math problem have an answer? Is infinity more than just a concept? Can math help you win an argument? If these questions interest you, come explore peculiar areas of math in Explorations in Math. Taught by MPH Math Teacher John Ochs

Private Tutoring in Reading and Writing

Entering grades K-6

May be combined with summer day camp.

Sessions will be offered July10-28 and scheduled after registration and payment. One-on-one sessions are taught by MPH Faculty

30-minute lesson tuition: \$40 **45-minute lesson tuition:** \$55

Puzzling Paradoxes

Entering grades 6-8

Dates: July 10-14 **Time:** 9:30-10:45 a.m.

Fee: \$140

In this course we will explore mathematical paradoxes. Have you ever tried to calculate the likelihood of intelligent life existing beyond earth? Have you ever wondered just how big infinity really is? Join us to sort through some of math's most perplexing paradoxes, grow your logical reasoning skills, develop your critical thinking. Taught by MPH Math Teacher John Ochs

Questions? Call the Summer Programs Office at 315-446-2452.

Payment plans and financial aid are available.

Study Skills I

Entering grades 6-8

Dates: July 10-14 **Time:** 9:00-10:30 a.m.

Fee: \$150

Study Skills II

Entering grades 9-12

Dates: July 10-14

Time: 10:30 a.m.-12:00 p.m.

Fee: \$150

Academic organization, study skills, and independent work habits are critical for all students as they face increasing time-management demands to meet study and homework requirements. The goal of this course is to teach students how to learn by using effective strategies. Students will develop strategies for personal organization, time management, memory devices, test taking, and note taking. Taught by MPH Biology Teacher Dr. Nikole Bonacorsi PhD

Woodshop - Crafting with Wood

Entering Grades 3-6

Dates: Week 3-July 10-14 or

Week 5- July 24-28

Time: 9:30-10:45 a.m.

Fee: \$110 (includes materials)

In this woodshop class, students will get creative with wood while making their own wooden tic-tac-toe board! Students will learn about different tools and practice basic woodworking skills while building and decorating their own ready to play boards. Taught by

MPH Core Health Teacher Julia Aguiar

Woodshop - DIY Woodworking

Entering Grades 7-12

Dates: Week 3 – July 10-14 or

Week 5 - July 24-28

Time: 10:45 a.m.-12:00 p.m. Fee: \$110 (includes materials)

In this woodshop class, students will explore their creative side and choose their own unique pallet décor design or make their own tabletop/nightstand organizer. Students will learn about woodworking safety and different tools, while using basic tools to create their own project. Taught by MPH Core Health Teacher Julia Aguiar

Can't wait to start! How do I register?

Register online at **mphschool.org** through our "Register Online" link or by calling the summer programs office at 315-446-2452.

Questions? You may always call Jillian Merkel or Rebecca Rhody in the Summer Programs office at 446-2452. If you'd like to come in and meet with us for more information, our offices are located in the Kreitzberg Family Community Programs Lodge.

Parents, please note:

Manlius Pebble Hill School

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